



AUTUMN/WINTER MENU 2024 -2025



WEEK 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	CEREALS OR TOAST Served with: Milk or water Allergens: Milk, Wheat	CEREALS OR TOAST Served with: Milk or water Allergens: Milk, Wheat	CEREALS OR TOAST Served with: Milk or water Allergens: Milk, Wheat	CEREALS OR TOAST Served with: Milk or water Allergens: Milk, Wheat	CEREALS OR TOAST Served with: Milk or water Allergens: Milk, Wheat
Snack	PINEAPPLE SLICES	STRAWBERRIES	BANANA SLICES	ORANGES WEDGES	HONEYDEW MELON
Lunch	Spaghetti Neapolitan With herbs and Parmesan Allergens: Wheat	Jollof rice, roast chicken & Coleslaw Allergens: Egg	Creamy spaghetti green peas & cod fish Allergens: Fish, Milk	Shepherd's pie, mixed vegetables & cucumber salad Allergens: Wheat, Milk, Egg	Chips, baked beans & fish fingers. Allergens: Wheat, Milk, Egg
Dessert	Strawberry Semolina Allergens: Milk, Wheat	Banana Custard Allergens: Wheat, Milk	Peach Cobbler & Ice cream Allergens: Milk, Wheat	Banana cupcakes Allergens: Milk, Wheat	Natural Yogurts Allergens: Milk
Snack	CHEESE AND CUCUMBER STICKS Allergens: Milk	BREADSTICKS WITH CHEESE DIP	HOMEMADE RAISINS & OAT COOKIES	RICE CAKES AND WITH STRAWBERRY JAM (SUGAR FREE)	ORANGE WEDGES
Tea	Tuna bagel melt <i>Carrot & green peas puree (6-12 months)</i> Allergens: Fish, Wheat, Milk	Egg Sandwiches <i>Roast squash and potato (mashed) (6-12 months)</i> Allergens: Milk, Egg, Wheat	Crumpets with cheese <i>Carrot soup (6-12 months)</i> Allergens: Wheat, Milk	Beans on Toast <i>Vegetable Korma (mashed) (6-12 months)</i> Allergens: Milk, Wheat, Soya	Homemade vegetables soup & bread <i>Cod & butternut squash, potato puree (6-12 months)</i> Allergens: Wheat, Soya

ALLERGENS

