



WINTER MENU 2024-2025

WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	CEREALS OR TOAST Served with: Milk or water Allergens: Wheat, Milk	CEREALS OR TOAST Served with: Milk or water Allergens: Wheat, Milk	CEREALS OR TOAST Served with: Milk or water Allergens: Wheat, Milk	CEREALS OR TOAST Served with: Milk or water Allergens: Wheat, Milk	CEREALS OR TOAST Served with: Milk or water Allergens: Wheat, Milk
Snack	SLICED APPLES	ORANGES WEDGES	SLICED BANANA	PEACH SLICES	APPLES SLICES
Lunch	Homemade vegetable soup & naan bread Allergens: Wheat, Milk, Soya	Tagliatelle Bolognese & baby spinach Allergens: Wheat, Milk, Egg	Roast potatoes, fish bites & garden peas/carrots Allergens: Fish, Wheat	Vegetable cous cous and brown stew chicken Allergens: Wheat, Milk	Chicken & kidney beans pilau with coleslaw Allergens: Egg
Dessert	Rice Pudding Allergens: Milk	Fruit yogurts Allergens: Milk	Vanilla Ice Cream Allergens: Wheat, Milk	Fresh Fruit salad Allergens: N/A	Mini Carrot cake Allergens: Wheat, Milk, Egg
Snack	Oranges	Seasonal Mixed Fruits	Melon slices	Carrot and cucumber sticks	Bread sticks
Tea	Tuna and sweetcorn sandwiches Cream of Carrot soup (6-12 months) Allergens: Wheat, Fish, Egg	Scrambled eggs with peppers on toast Carrot & green pea puree (6-12 months) Allergens: Wheat, Egg, Soya	Mixed bean chilli with pitta soldiers Sweet potato & apple puree (6-12 months) Allergens: Wheat, Fish	Beans on toast Chicken, apple & potato puree (6-12 months) Allergens: Fish, Wheat	Homemade Leek & potato soup Carrots & green peas puree (6-12 months) Allergens: Milk

ALLERGENS

