



# APRIL NEWSLETTER

## Upcoming Events

### Bank Holidays Nursery Closed

Monday 6th May  
Monday 27th May

### MAY HALF - TERM

**Monday 27th May - Friday 31st may**  
(funded/term time children only)

We would like to inform parents/carer that the appointed Designated Safeguarding Leads (DSL), who are responsible for safeguarding and child protection in our Nursery is the Nursery Manager Miss Candice Bowen and in her absence the Nursery Deputy Manager Miss Sharmin Ahmed  
Please do not hesitate to contact them with any safeguarding concerns.

**Nursery Manager**  
Candice Bowen

**Deputy Manager**  
Sharmin Ahmed



## Important Notices

**Pre school children to use the side entrance on Strafford Road.**

Please to ring the correct buzzer.

- **Room buzzers-** - Pre School (Shinning Star 3 -5yrs)
  - Nursery (Super Star 2 -3yrs)
  - Baby Room (Rising Star 0 -2yrs)
- **Main Gate** - Please may I ask parents to close the gate behind them when dropping off/collecting your children from Nursery, this is for safeguarding purposes.
- **Labelling clothing.-** Please can we request all items are marked with a permanent marker to prevent any misplaced items to be given to the wrong children by mistake.

Thank you for your understanding

## 'April Birthdays'

**A very happy birthday to:**

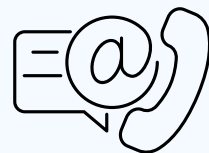
Joaquin  
Margot  
Victor  
Mafalda  
Kairo



## Paying towards the cost of meals

Juts a gentle reminder lunch payments are due on a Monday, if you no longer wish to contribute towards your child's meals, you are welcome to provide a pack lunch from home. Please note we are a "nut free" nursery, therefore foods containing nut produce will not be allowed on the premises.  
For food safety reasons we are unable to reheat food brought into the nursery rom home.

We would greatly appreciate if you have the correct change as we may be unable to provide change on the day.



## Nursery Contact details

In an event of your child absence please to call the nursery on **0207 998 6042** or email the nursery manager on **candice.manager@brightstardaynursery.co.uk**

# Oral Health Happy Smile

## TOP TIPS FOR HEALTHY SMILE:

Brush twice a day last thing  
at night and on one other  
occasion

Use a fluoride tooth paste  
Spit don't rinse the  
toothpaste

Clean between the teeth  
with floss and/or interdental  
brushes

Visit your dentist



## SUGAR FREE RECIPE FOR A TASTIER LIFE AND HEALTHIER SMILE

### HOW TO MAKE BANANA OATMEAL COOKIES

1. Mash Banana
2. Add Oats and mix
3. Add in anything else you like
4. Form into Cookies (these cookies aren't like regular cookies, they will not flatten when you bake them so you need to flatten and shape them before they go into the oven.)
5. Bake 15 mins at 180C



British Dental Association (BDA) [www.bda.org](http://www.bda.org)

<https://www.e-lfh.org.uk/programmes/childrens-oral-health>

Oral health-health Education England [www.hee.nhs.uk](http://www.hee.nhs.uk)

Oral Health Foundation [www.dentalhealth.org](http://www.dentalhealth.org)

Change4Life top tip for teeth <https://campaignresources.phe.gov.uk>

<https://www.e-lfh.org.uk/programmes/childrens-oral-health/>

