



SPRING/SUMMER MENUS 2020

WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water
Snack	STRAWBERRIES	VEGETABLE STICKS	BANANAS	VEGETABLE STICKS	PEAR
Lunch	Creamy tomato pasta bake with salad <i>Allergens: G,W,M</i>	Roast chicken with mash potato and vegetables V: Quorn with mash potato and vegetables	Chicken and mushroom pie V: Vegetable pie <i>Allergens: G,M,W</i>	Butter Bean and butternut squash curry with rice and green peas <i>Allergens: M, G</i>	Fish cakes with sweet potatoes and vegetables V: vegetable cakes with sweet potatoes <i>Allergens: F,E, W</i>
Dessert	Biscuits	Rice pudding	Greek yoghurt	Banana and custard	Ice cream
Snack	CHEESE AND CRACKERS	FRUIT SALAD	CARROT AND CUCUMBER STICKS	RICE CAKES	BREADSTICKS AND CUCUMBER
Tea	Tuna sweetcorn sandwiches <i>Allergens: E, F</i>	Avocado and tomato wrap <i>Allergens: G,W</i>	Tomato soup	Crackers and cream cheese <i>Allergens: M,G</i>	Beans on toast <i>Allergens: G,W</i>

ALLERGENS

