



SPRING/SUMMER MENUS 2020

WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water	CEREALS OR TOAST Served with: Milk or water
Snack	BANANA AND APPLE	VEGETABLE STICKS	HONEY DEW	VEGETABLE STICKS	RICE CAKE WITH APPLE
Lunch	Tuna pasta bake V: Vegetable pasta bake <i>Allergens: F</i>	Vegetable cous cous and sausages V: Vegetable cous cous with quorn	Savoury rice with chicken V: savoury rice with vegetable nuggets	Jacket potato with beans, cheese, and salad <i>Allergens: M</i>	Shepherds pie with lamb mince V: Vegetable Shepherds pie <i>Allergens: G,W</i>
Dessert	Rice pudding	Banana and custard	Semolina	Fruit salad	Cake
Snack	BREADSTICKS AND ORANGES	VEGETABLE STICKS AND RICE CAKES	CRACKERS AND CREAM CHEESE	CARROT STICKS AND RICE CAKES	OATCAKES AND BANANAS
Tea	Beans on toast <i>Allergens: W</i>	Quiche <i>Allergens: G,S,W,E,M</i>	Cheese and cucumber sandwiches <i>Allergens: M, W</i>	Fish fingers with peas and sweetcorn <i>Allergens: F</i>	Vegetable sticks with houmous and pitta bread <i>Allergens: G,S,W</i>

ALLERGENS

